

Hand Hygiene Station Implementation Tips

1. Set-Up

- a. Best if two competency validators work at the station
- b. Gather all:
 - a. Supplies- sink with running water, hand soap, paper towels, 60% alcohol-based hand rub/hand sanitizer, trash can
 - b. Teaching materials- PPT presentation(s), handouts, pocket cards, competency checklists, quiz copies
- c. Optional - enough fluorescent marker and batteries for blacklight

2. Education and Competency Validation

- a. Provide a short overview of why hand hygiene is important and when and how it should be performed
- b. Divide staff waiting for competency check-off into two groups- hand washing and ABHR with one competency checker assigned to each group
- c. Demonstrate hand hygiene technique using soap and water and alcohol-based hand rub (that contains at least 60% alcohol base)
- d. Perform competency validation with each staff member and document results on a competency checklist.
 - i. If using fluorescent markers, shine blacklight on hands after hand hygiene completed to show staff areas on their hands in which marker lights up representing areas that were not cleaned properly and where germs may remain.
- e. If staff member did not successfully complete hand washing and/or use of ABHR competencies:
 - i. Provide and document remedial education
 - ii. Repeat competency validation and document results
- f. Administer hand hygiene quiz-keep completed quizzes in education file